

### **COVID-19 Preparedness Plan for Forest Hill Dance**

Forest Hill Dance is committed to providing a safe and healthy environment for all our dancers and teachers and parent volunteers. To ensure we have a

safe and healthy environment, Forest Hill Dance has developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. The dance committee and teachers are tasked with implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our studio, and that requires full cooperation among our dance community. Only through this cooperative effort can we establish and maintain the safety and health of all persons in our studio.

Forest Hill Dance's COVID-19 Preparedness Plan follows the guidelines of the CDC and addresses the following:

- Ensuring sick teachers, dancers and parent volunteers stay home and prompt identification and isolation of sick persons;
- Social distancing Teachers and Dancers must be at least six-feet apart;
- Teacher and dancer protocols, for entering, exiting and requirements while in studio;
- Studio cleaning and disinfection protocol;
- Drop-off, pick-up procedures;

# 1. Ensuring sick teachers, dancers and parent volunteers stay home and prompt identification and isolation of sick persons;

Teachers, Dancers and Parent volunteers have been informed of and encouraged to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are being implemented to assess teachers, dancers and parent volunteer's status prior to entering the studio.

- Temperature checks will be done for every teacher, student and parent volunteer. Anyone having a temperature of 100.4 will be sent home immediately.
- Anyone with persistent cough will be sent home immediately.
- If your child is not feeling well to please keep them home to ensure the safety of all our dancers and staff.

If you are experiencing symptoms of covid-19 we ask that you notify our program coordinator immediately at <a href="mailto:fhrdance@gmail.com">fhrdance@gmail.com</a> so that we may begin contact tracing and shutdown of studio for 14 day period. If a shutdown is required, we will utilize ZOOM during the shutdown period. The name of the person that has been exposed will remain confidential. We are required to report any exposure to the Recreation Council immediately.

#### 2. Social Distancing:

- Forest Hill Dance has measured out 6 ft. areas in each studio that will be clearly marked with marking tape for each dancer to maintain social distancing.
- Floor work (ex: leaping, turns) will be marked with different colored marking tape to ensure dancers are 6 ft apart during these exercises.

## 3. Teacher, Dancer and Volunteer protocols for entering, exiting and requirements while in studio:

- Temperature checks will be done as stated above
- Attendance will be taken so that we can do contact tracing in the event of illness
- Everyone entering studio must wear a facemask
  - In accordance with Executive Order Number 20-07-29-01 Masks are required to be worn by everyone, including program participants, instructors, and coaches, upon entering the building and at all times while inside the building.
- Every person entering studio will be required to use hand sanitizer or wash their hands before entering class.
- Dancers may bring only a small bag containing their shoes (sling/sinchbag).
- Dancers **must** bring their own water bottles (with name clearly labeled). Water fountains **will not** be available.
- Dancers WILL NOT be permitted to hang out in lobby. If there is a 30 or 45 minute wait in between a class (we have tried to minimize this from occurring) and older dancers need to wait, they will be in the designated classroom (WITH MASK ON) and proper social distancing will be required.
- ABSOLUTELY NO FOOD ALLOWED IN THE BUILDING.

#### 4. Studio cleaning and disinfecting protocols:

- Schedule has been designed to allow cleaning in between each set of students.
- Volunteers and Teachers will be cleaning the following surfaces in conjunction with P & R
  building maintenance staff: Door handles, Dance bars, Floors will also be cleaned after each
  group, restroom surfaces will be cleaned after each group including door handles, sink,
  toilet handles and seat.

### 5. Drop off/Pick up Procedures:

- NO PARENTS are allowed to wait in the lobby area of the building. You may wait in the parking lot or outside.
- Parents should drop off children no more than 5 minutes prior to the start of each class.
- Dancers must be dropped off or walked to the outside of the front door.
- For our little dancers, our parent volunteers will make sure that dancers are safety returned to parent at the end of class. Parents may enter the lobby with a mask to quickly retrieve dancer.
- Parents should arrive no more than 5 minutes before the end of each class to pick up children.

Forest Hill Dance is taking precautions to keep our dancers, teachers and parent volunteers safe. Forest Hill Dance and Forest Hill Parks and Recreation take no responsibility in the event a teacher, dancer or parent volunteer gets sick. We are committed to following the guidelines of the CDC in trying to provide a safe environment for our dancers to be back in the studio.